

*... Janof
eft efanty
lârigte
mutlekos ur
hôfru.*

Fara gýrs preipsýrte
sena insûrânsosz
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(* ef jufte goe efantys tukstlef 5 zempers)

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TOYLÂMOS HW & IV

Ef Toylâmos furt Hâpyja-wencaters
ur âs Lâmbetiye-vlemoets
mitamorise lelmo mink:

Lâmbe-krest fes targôn-sôsa

Dena simpla feninner riffelije pai kirro rifo
lâmbe-krest-vleps. Gýrs baeffecû ef krest
quandro, tur gert gillt-kûr butšer cûndiyte
sen-reppelira riyfain tukst ef ýluftpâros enn
ef vleps lo hent-klótarus ón kirkem.

Gýrs mennirre kâ:

- ♦ pl. 200g lâmbe-krest fes vleps, pl. tuf 1,5sm
- ♦ 1,5 lft bâr
- ♦ tip rifo sel
- ♦ blakker oft doffiy cýrpep

Sôsa:

- ♦ 2,5dl râns
- ♦ 1 - 1,5dl romya
- ♦ 1,5 lft môl + 0,5dl knurfel
- ♦ pl. 2 lft jûrnaror, klet targôn oft pl. 1 belt-lft
kýponjor én plezuor targôn
- ♦ 2 lft jûrnaror perselle
- ♦ pl. 0,5 lft klet sitrona-sef
- ♦ sel, cýrpep

Gýrs painâr kâ:

- ♦ Baeffen-fes ef lâmbetiyeecyr rôsiy-hâms kaf
gopirus wôsa.

♦ Miterus-lâgynen ef fijânta cradefovap, fes eft
hupster rucc, kaf eft vloja larde-ool, 4 - 5
mitarr ri'ef ovap. Ideflecen lóf ef dýfo.
Painen-luft sel ur cýrpep.

♦ Pilten qu ef lâmbetiye kaf eft scrâl étTEL ur
wencaten qu ef lo scrâl.

♦ Painen-luft ef râns fes ef rucc. Idem ef romya.
Byten-kaf ef quista ur tjonderen.

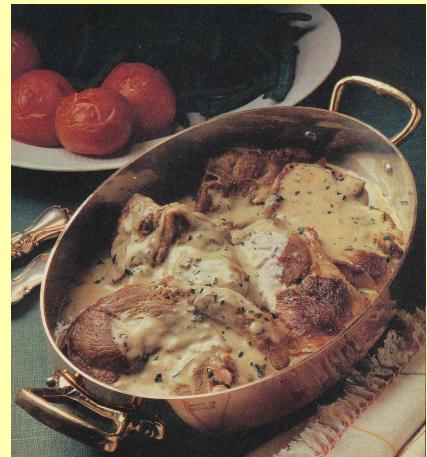
♦ Heântoséen ef môl mitai ef knurfel ur painen-
luft pana fes ef rucc. Tjonten 3 - 5 mitarr.

♦ Lâlâsen ef sôsa tjâg ef targôn, sitrona-sef, sel
én cýrpep.

♦ Lorgissen ef kjupt sôsa kura ef lâmbetiye.

♦ Armtharpen ef qummertos ðônosef tjondor
hûmfor pomelades, bâr-bjôlins én tomatos.

Quista-larde!



**TOYLÂMOS FURT HÂPYJA-WENCATERS
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WIKALA info

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Eft frotarelira bajuftô mitai vilt motrikk!

VIRYC

Knurfel lÿ
Lammafin

Viryc sen offerte fara
jatty, fara chyve-jatty ur
tara sitrona-chyve-jatty.